



Sumpter Senior Center
23501 Sumpter Rd.
734-461-9373

Regularly Scheduled Programs/Activities
Sumpter Seniors for
February, March, April, May 2016



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Computer Lab & Exercise room open daily 10am to 2pm Monday- Friday PENNY POKENO 12:30</p>	<p>Arthritis Foundation Exercise 10 am Bible Study 10:30 Quilting/Sew 10 am</p>	<p>Wii Bowling 10:30 am CRAFT CLASS see highlights page Upholstery 6:00pm Computer Sessions by appointment Foot Doctor call for schedule</p>	<p>Arthritis Foundation Exercise 10 am Quilt & Sew 10 am 2 stop shopping 12:30-3:00 Penny Pokeno 12:30</p>	<p>No van service (Every Friday)</p>
<p>Computer Lab & Exercise room open daily 10am to 2pm Monday- Friday PENNY POKENO 12:30</p>	<p>Arthritis Foundation Exercise 10 am Bible Study 10:30 Quilt/sew 10 am</p>	<p>Wii Bowling 10:30 am CRAFT CLASS Upholstery 6:00pm Computer Sessions by appointment</p>	<p>Arthritis Foundation Exercise 10 am Quilt & Sew 10 am 2 stop shopping 12:30-3:00</p>	<p>Senior Advisory Board Meets quarterly</p>
<p>Computer Lab & Exercise room open daily 10am to 2pm Monday- Friday PENNY POKENO 12:30</p>	<p>Arthritis Foundation Exercise 10 am Quilt/sew 10 am Bible Study 10:30 Third Tuesday's White Elephant Bingo 12:30</p>	<p>Wii Bowling 10:30 am Upholstery 6:00pm</p>	<p>Focus Hope /Commodities 9:30-11:30 am third Thursday Arthritis Foundation Exercise 10 am</p> 	<p>No van service</p>
<p>Computer Lab & Exercise room open daily 10am to 2pm Monday- Friday Birth day BINGO 4th Monday of each month Sponsored by</p>	<p>Arthritis Foundation Exercise 10 am Bible Study 10:30 Quilt/sew 10 am</p>	<p>Wii Bowling 10:30 am Upholstery 6:00pm</p>	<p>Arthritis Foundation Exercise 10 am Quilt & Sew 10 am 2 stop shopping 12:30-3:00</p>	<p>The Senior Center sponsored in part by:</p>
<p>the SCHOOLS ARE CLOSED , THE CENTER IS CLOSED. report, Huron, Lincoln, r Van Buren Districts</p>			<p>Speakers will be scheduled on Thursdays</p>	<p>The Senior Alliance.  Area Agency on Aging I-C 1-734-722-2830</p>