





Wayne County Senior Nutrition Program

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Whole Wheat Bread Rocky Road Pudding Milk Margarine	2 Honey Mustard Chicken Breast Confetti Rice Broccoli Wheat Roll Peaches Milk Margarine	3 Swedish Meatballs Buttered Rotini Noodles Glazed Carrots Whole Wheat Bread Fresh Fruit Milk Margarine	4 Pork Roast Onion Gravy Whipped Sweet Potatoes Green Beans Wheat Roll Fruit Cocktail Milk Margarine	5 White Chicken Chili Spinach Cornbread Peach Crisp Milk Margarine
8 Closed for Holiday 	9 Beef Hot Dog Beef Chili Baked Beans California Vegetable Blend Hot Dog Bun Fresh Fruit Milk	10 Potato Crusted Fish Macaroni and Cheese Spinach Doughnut Sticks Milk Tarter Sauce 	11 Swiss Steak Whipped Potatoes Sliced Beets Whole Wheat Bread Mixed Fruit Milk Margarine	12 Chicken Strips Lettuce and Tomato Shredded Cheese Potato Wedges Coleslaw Flour Tortilla Scalloped Apples Milk Ranch Salad Dressing
15 Macaroni and Cheese Stewed Tomatoes Green Beans Wheat Roll Peaches Milk Margarine	16 BBQ Chicken Breast Whipped Sweet Potatoes Spinach Potato Roll Pears Milk Margarine	17 Pork with Supreme Sauce Country Potatoes Glazed Carrots Texas Bread Lemon Swirl Pudding Milk Margarine	18 Krab Mac Salad Coleslaw Mixed Fruit Saltine Crackers Chocolate Chip Cookie Milk	19 Meatloaf Brown Gravy Whipped Potatoes Brussels Sprouts Potato Roll Fresh Banana Milk Margarine
22 Spaghetti with Meat Sauce Mixed Vegetables Garlic Texas Bread Apple Crisp Milk Margarine	23 Chicken Strips Teriyaki Sauce Rice Peas and Carrots Whole Wheat Bread Fresh Fruit Milk Margarine	24 Beef Jardine Buttermilk Potatoes Green Beans Multi-Grain Bread Pineapple Tidbits Milk Margarine	25 Glazed Ham Whipped Sweet Potatoes Broccoli Wheat Roll Fresh Banana Milk Margarine	26 Beef Stew Red Potatoes Cabbage Cornbread Mixed Fruit Milk Margarine
29 Chicken Marsala Breast Au Gratin Rotini Spinach Multi-Grain Bread Fresh Fruit Milk Margarine	30 Sliced Turkey Breast w/Gravy Whipped Potatoes Green Beans Wheat Roll Mixed Fruit Milk Margarine	31 <i>Halloween Meal</i> Hamburger Sliced Cheese Lettuce and Tomato Potato Wedges California Vegetable Blend Hamburger Bun Halloween Snack Cake Milk Mustard Ketchup	<p>**MENU SUBJECT TO CHANGE WITHOUT NOTICE**</p> <p>Visit us at waynecounty.com/svs</p> <p>Suggested Donation \$3.00/Meal</p>	
<p>PLEASE CALL</p> <p>24 Hours in Advance to</p> <p>Cancel Meals at</p> <p>734-326-5202</p> <p>OR</p> <p>1-800-851-1454</p>				

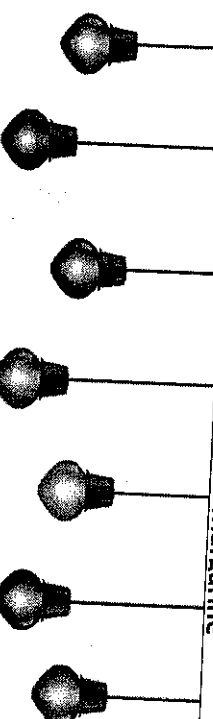
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PLEASE CALL 24 Hours in Advance to Cancel Meals at 734-326-5202 or 1-800-851-1454 Closed for Holiday				
5 BBQ Pork Rib Patty Baked Beans Spinach Hamburger Bun Sugar Cookie Milk	6  Closed for Holiday	7 Baked Chicken Breast Balsamic Onion Sauce Au Gratin Potatoes Brussels Sprouts Whole Wheat Bread Mixed Fruit Milk Margarine	8 Potato Crusted Fish Sliced Carrots Harvard Sliced Beets Wheat Roll Applesauce Milk Margarine Tartar Sauce	9 Taco Meat Lettuce and Tomato Shredded Cheese Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Fruit Milk
12 Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Whole Wheat Bread Fresh Fruit Milk Margarine	13 Honey Mustard Chicken Breast Confetti Rice Broccoli Wheat Roll Peaches Milk Margarine	14 Swedish Meatballs Buttered Rotini Noodles Glazed Carrots Whole Wheat Bread Frosted Fudge Cake Milk Margarine	15 Pork Roast Onion Gravy Whipped Sweet Potatoes Green Beans Wheat Roll Fruit Cocktail Milk Margarine	16 White Chicken Chili Spinach Cornbread Peach Crisp Milk Margarine
19 Beef Hot Dog Beef Chili Baked Beans California Vegetable Blend Hot Dog Bun Fresh Fruit Milk	20 Potato Crusted Fish Macaroni and Cheese Spinach Gingerbread Cookie Milk Tarter Sauce	21 <i>Thanksgiving Meal</i> Sliced Turkey with Gravy Cornbread Dressing Green Beans Potato Roll Pumpkin Pie Milk Margarine Cranberry Sauce	Happy Thanksgiving 	
26 Macaroni and Cheese Stewed Tomatoes Green Beans Wheat Roll Peaches Milk Margarine	27 BBQ Chicken Breast Whipped Sweet Potatoes Spinach Potato Roll Peas Milk Margarine	28 Pork with Supreme Sauce Country Potatoes Glazed Carrots Texas Bread Lemon Swirl Pudding Milk Margarine	29 Krab Mac Salad Coleslaw Mixed Fruit Salatine Crackers Chocolate Chip Cookie Milk	30 Meatloaf Brown Gravy Whipped Potatoes Brussels Sprouts Potato Roll Fresh Banana Milk Margarine

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December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Spaghetti with Meat Sauce Mixed Vegetables Garlic Texas Bread Apple Crisp Milk Margarine</p>	<p>4 Chicken Strips Teriyaki Sauce Rice Peas and Carrots Whole Wheat Bread Fresh Fruit Milk Margarine</p>	<p>5 Beef Jardine Buttermilk Potatoes Green Beans Multi-Grain Bread Pineapple Tidbits Milk Margarine</p>	<p>6 Glazed Ham Whipped Sweet Potatoes Broccoli Wheat Roll Fresh Banana Milk Margarine</p>	<p>7 Beef Stew Red Potatoes Cabbage Cornbread Mixed Fruit Milk Margarine</p>
<p>10 Chicken Marsala Breast Au Gratin Rotini Spinach Multi-Grain Bread Fresh Fruit Milk Margarine</p>	<p>11 Hamburger Patty Sliced Cheese Lettuce and Tomato Hashbrown Casserole Mixed Vegetables Hamburger Bun Mixed Fruit Milk Mustard Ketchup</p>	<p>12 Sliced Turkey Breast w/Gravy Whipped Potatoes Green Beans Wheat Roll Holiday Snack Cake Milk Margarine</p>	<p>13 Beef with Mushroom Gravy Scalloped Potatoes Green Peas Whole Wheat Bread Peaches Milk Margarine</p>	<p>14 Tuna Noodle Casserole Whole Kernel Corn Sliced Carrots Potato Roll Fresh Fruit Milk Margarine</p>
<p>17 Meatloaf Tomato Gravy Whipped Potatoes Mixed Vegetables Wheat Roll Fresh Fruit Milk Margarine</p>	<p>18 Potato Crusted Fish Sliced Carrots Harvard Sliced Beets Wheat Roll Applesauce Milk Margarine Tartar Sauce</p>	<p>19 Baked Chicken Breast Balsamic Onion Sauce Au Gratin Potatoes Brussels Sprouts Whole Wheat Bread Mixed Fruit Milk Margarine</p>	<p>20 <i>Christmas Meal</i> Pork Roast with Au Jus Whipped Potatoes Broccoli Multi-Grain Bread Apple Pie Milk Margarine</p>	<p>21 Taco Meat Lettuce and Tomato Shredded Cheese Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Fruit Milk</p>
<p>24 Closed for Holiday</p>	<p>25 Closed for Holiday</p>	<p>26 Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Whole Wheat Bread Rocky Road Pudding Milk Margarine</p>	<p>27 Honey Mustard Chicken Breast Confetti Rice Broccoli Wheat Roll Peaches Milk Margarine</p>	<p>28 Swedish Meatballs Buttered Rotini Noodles Glazed Carrots Whole Wheat Bread Fresh Fruit Milk Margarine</p>
<h1 style="font-size: 4em;">Happy Holidays!</h1>				
<p>31 Closed for Holiday</p>				
				
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